

Scroll with Wisdom

game: Shine or Stumble? · complete in class or at home

Name _____

Date _____

"Do not be conformed to this world, but be transformed by the renewing of your mind." — Romans 12:2

1. Fill in the blank: *(Philippians 4:8)*

Paul says to think about things that are true, honorable, just, pure, lovely, and _____.

2. True or False?

- A) Comparing your life to filtered photos online is wise. **T / F**
- B) What you post and comment reflects your heart. **T / F**

3. Look it up: *(2 Corinthians 10:12)*

What does Paul say about comparing ourselves with others?

4. Sort it: *(write SHINE or STUMBLE)*

- 1) Sharing a verse or encouraging a friend who's having a hard week
 - 2) Scrolling immodest or crude content "just a little"
 - 3) Logging off when your timer goes off — even mid-scroll
- _____

5. Real life:

Your mood crashes when a post doesn't get likes. What does Galatians 6:4-5 teach you to do instead?

6. This week:

Name one boundary that will keep social media from controlling you.
