








# MY RELATIONSHIP CHECK

A TEACH & PLAY LESSON · GET ALONG FOR GOOD · MATTHEW 7:12 · ROMANS 12:18

"Whatever you wish that others would do to you, **do also to them.**" — Matthew 7:12

The game was loud. This part is just for you. Be honest — no one else reads this.

## 1. The relationship zone I need the most work in right now is... (circle one)

-  PARENTS / HOME
-  FRIENDS
-  CHURCH / YOUTH GROUP
-  AUTHORITY (teacher, coach, boss)
-  NEIGHBORS / CLASSMATES

## 2. A "poison" habit I've used lately is... (gossip, eye-roll, revenge post, silent treatment — be specific)

## 3. If I treated others the way I want to be treated, I would... (check any)

- Listen before I answer back (James 1:19)
- Stop spreading what isn't mine to share (Prov. 17:9)
- Show honor even when I disagree (1 Pet. 2:17)
- Return good instead of revenge (Rom. 12:17–21)

## 4. One relationship I need to repair or protect is... (or write "nothing specific right now")

## 5. This week I want to choose... (circle)

- ▶ PEACE — one respectful action per day (Rom. 12:18)
- ▶ GOLDEN RULE — treat others how I want to be treated (Mt. 7:12)
- ▶ Both

## 6. My prayer, in my own words:

"Lord — help me get along for good, not just look good. Where I've spread poison with my words or attitude, turn me around. Teach me to honor my parents, be loyal to friends, love my church family, respect authority, and live at peace with neighbors. Help me treat others the way I want to be treated — starting today. Amen."

Peace is stronger than poison — when you choose God's way.

