



# MY MOVE

A TEACH & PLAY LESSON · FLEE THE DANCE · 2 TIMOTHY 2:22

"Flee youthful passions and pursue **righteousness, faith, love, and peace.**" — 2 Timothy 2:22

The game was loud. This part is just for you. Be honest — no one else reads this.

## 1. Dancing in my life right now is... *(circle one)*

- NOT AN ISSUE — I don't go to lust-exciting dances
- ⚠️ PRESSURE — friends, school, or social media push it
- 😞 ALREADY WENT — I need new boundaries with God

## 2. The excuse I hear most is...

- "David danced — so any dance is fine"    "It's just dancing"
- "You'll miss out if you don't go"    "Everyone posts these moves"

## 3. Before I dance or post a video, I will ask... *(check any)*

- Does this glorify God? (1 Cor. 10:31)
- Does this excite lust — in me or others?
- Am I fleeing youthful lusts or edging closer? (2 Tim. 2:22)

## 4. Tonight I'm choosing... *(circle)*

- ▶ To flee lust-exciting dance — even when it's popular
- ▶ To ask God for wisdom before the next invitation
- ▶ To talk to a leader if I've already gone too far

## 5. My prayer, in my own words:

*"Lord — not every move is the same. Help me tell pure praise from lust. When friends say 'just dance,' give me courage to flee what You told me to run from. Guard my eyes, my body, and my witness. I want movement that honors You — not youthful lust dressed up as fun. Amen."*

**Flee youthful lusts. Choose the move that honors God.**