



AT THE TABLE

A TEACH & PLAY LESSON · BREAD AND CUP · LUKE 22:19

"Do this in **remembrance** of me." — Luke 22:19

The game was loud. This part is just for you. Be honest — no one else reads this.

1. Right now, communion feels... *(circle one)*

- ? CONFUSING — not sure what it means
- 😬 SCARY — afraid to do it wrong
- 😐 ROUTINE — I go through motions
- 🙏 SACRED — I want to remember Jesus

2. Before I take communion, I need to bring to God...

3. I sometimes take communion while... *(check any — be honest)*

- Distracted Holding a grudge
- Grateful for the cross Not sure I'm ready

4. Tonight, I want to say yes to... *(circle)*

- ▶ Examining my heart before the table (1 Cor 11:28)
- ▶ Remembering the cost of the cross (Luke 22:19)
- ▶ Receiving grace — not treating the table like a snack
- ▶ Talking to a leader if I'm unsure about partaking

5. My prayer, in my own words:

"Jesus — Your body was broken and Your blood poured for me. I examine my heart before You. Forgive what I need to confess. Help me remember the cost and receive Your grace at the table. Amen."

Remember the cost. Receive the grace.